

CM-F1 Vibration Platform Machine

Thank you for purchasing the CM-F1 Vibration Platform Machine, please read carefully the user manual before using.

Pay more attention to the safety items before operation. Please keep the user manual after reading.

A. Warning

1. Please reading carefully the user manual before using to ensure safety and proper.
2. Please using the foot massager according to the user manual shows.
3. Pull out the plug from outlet after using or before cleaning.
4. Be used Heating-function with caution to avoid burns. Do not using on Insensitive, too sensitive and poor circulation parts; Improper operation will cause dangerous, if Let children or physical and mental function impediment to use freely.
5. Do not using under pillow or blanket, otherwise, fire, electric shock and damage may caused by overheating.
6. Do not cover when using, otherwise, the motor will be damaged for overheating.
7. If close to or for use in children, mental and physical dysfunction or disability, need someone to g0de and responsible for their safety.
8. Stop using immediately if feel unwell.
9. Do not use when the following happens: the power cord or plug is damaged; cannot operate properly; fall on the ground and damage; fall into water, please contact the after sell centre to Inspect and maintain.
10. Do not use any parts unless from manufacturer.
11. Do not insert or fall any object into any opening of the product.
12. If want to cut off the power, turn off all buttons and pull out the plug from outlet.
13. This product cannot be used as a self-diagnosis and treatment.

B. Using Environment

1. Do not using in an area of high humidity or dusty;
2. Do not using in a room of high temperature over 40;
3. Do not place outdoor;
4. Do not close to electric furnace, stoves or in direct sunshine.

C. If you are one of the following situations, please consult your doctor before using:

1. Being treated, or feel unwell;
2. Hypertension, heart disease, cerebral arteriosclerosis, cerebral thrombosis;
3. Malignancy;
4. Pregnant women, menstruating women;
5. Osteoporosis;
6. With pacemakers or other medical devices;
7. Acute illness;
8. Minor;

D. Switch

1. Do not operate switch by wet hand;
2. Do not let the switch contact with water or other liquids.

Note

1. Do not fall in sleep when the product working;
2. Do not use when drunk or unwell;
3. Do not leave the product unattended when working.
4. Do not sit or pressure on the product with your foot Heavy strength
5. Please use the product on the flat ground.
- 6 Do not use in an hour before or after eating.
7. Weigh more than 120KG person are forbidden to use
8. People under the age of 16 or over 60 years are forbidden to use it to avoid danger
9. Use the product in 20minutes per each time, Please re-start it after 30minutes
10. Do not insert your hand or foot into the mechanism gap when using it.
11. Keep children away to play the product
12. This product is restricted to one person at a time.

Note: Use the product under overload or abnormal condition, it will make a splash warning sound. If you ignore the warning sound for more than 15 seconds, the product will start protective and stop automatically , and all indicator light will be open then.

Warranty Terms

1. Warranty rights are not transferable.
2. Free warranty from the date of purchase and in the warranty period(without outside).
3. Warranty period is one year.
4. Please show proof of purchase and warranty card.
5. The time of purchase is subject to the valid documents from counter.
6. This warranty does not apply to the scope of leasehold, transaction, commerce, organization and other residents' users.
7. The following situations are not covered by warranty, but provide paid service (labor and material cost will be charged):
 - (a) All damage caused by human factors, including used in non-normal environment, does not use and keep in the right way according to the user manual, improper operate;
 - (b) Disassemble, repair, or modification by unauthorized users or the third party
 - (c) Inappropriate transportation after purchasing.
 - (d) Damaged by force majeure (fire, flood, lightning, earthquake etc.)

Product Structure



CM-F1 Coffee Gold



CM-F1 Brown

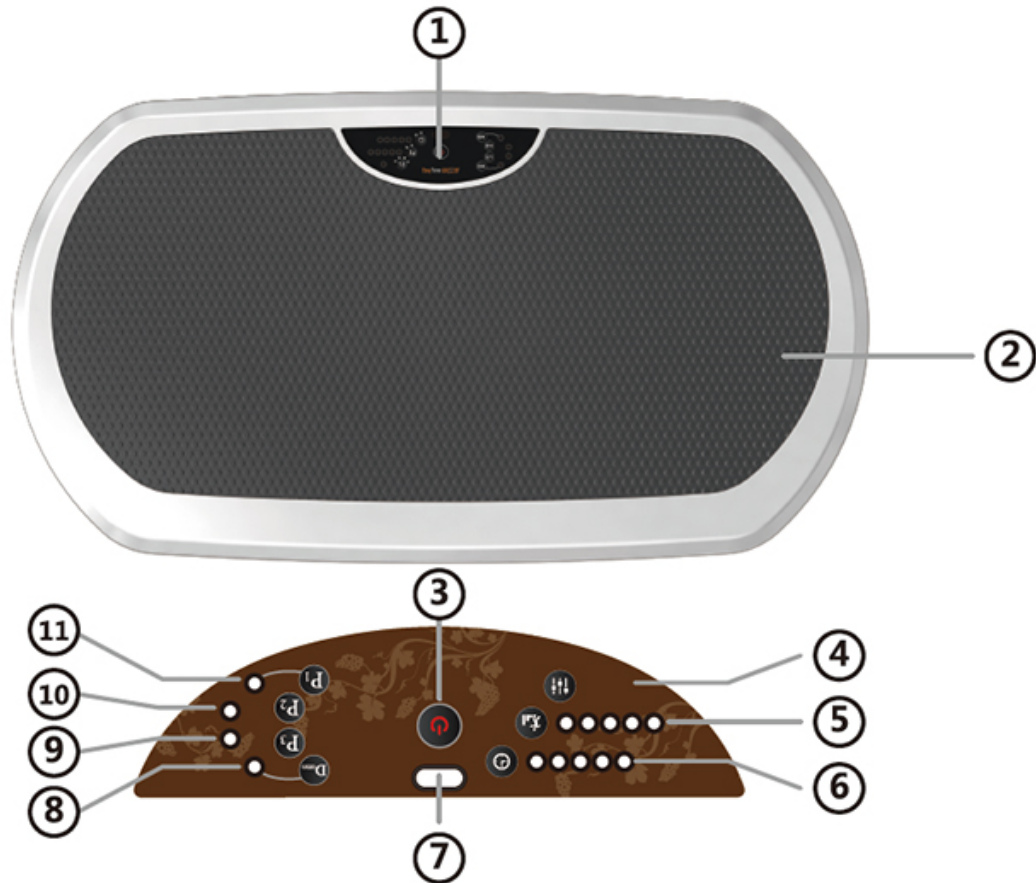


CM-F1 Pink

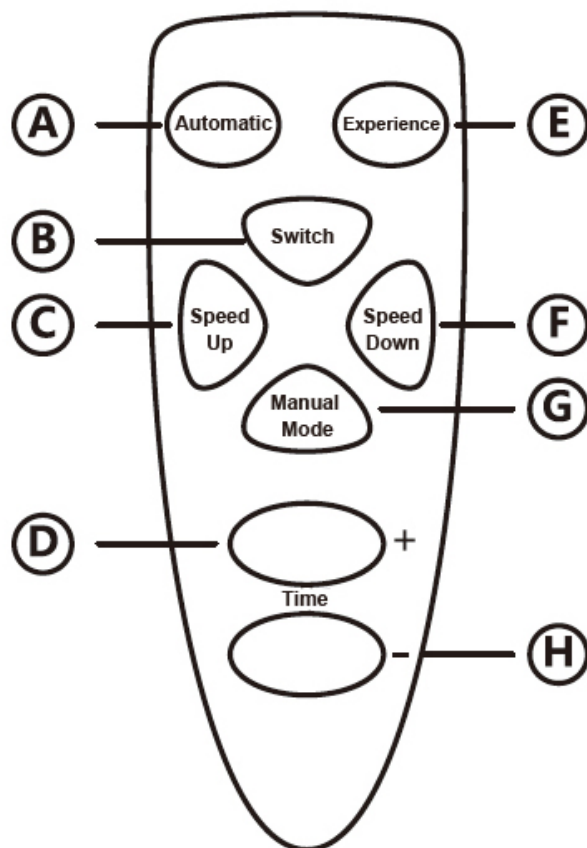


CM-F1





- ① Controller Panel
- ② Feet Pad
- ③ Power Switch
- ④ Select Mode Indicator Light
- ⑤ Speed Indicator Light
- ⑥ Time Indicator Light
- ⑦ Remote Control Signal Reception
- ⑧ Experience Mode Indicator Light
- ⑨ Element Mode Indicator Light
- ⑩ Comfortable Mode Indicator Light
- ⑪ Warm-up Mode Indicator Light



- A. Open the automatic mode
- B. Switch start
- C. Speed strengthen
- D. Time enhance
- E. Open experience mode
- F. Speed less
- G. Open manual mode
- H. Time shorten

Usage Note

During the intelligent mode, you can switch to manual mode and adjust the schedule and time setting. Do not stand in unilateral toning machine to prevent excessive pressure, if so, it may make the motor speed slow down obviously or stop running, also it may cause the machine to lose balance and damage at last. Do not extend your fingers or toes into the joints position of the vibration to avoid injury. The recommended total time is about 20 minutes each time.

Operation guidelines

Please read the following items in detail before starting to use this product. This product only USES 220-240vac, 50Hz/60Hz power supply, please check whether your home voltage is consistent with the product specification.

Connect the AC power plug to the power socket and start the main power switch.

If you want to switch the power to standby mode, please press down the power switch button under the control panel

Stand on the foot pad and select the function you want to use.

The default time is 10 minutes. (light signal: single number is flashing lights, double number is Constant light)

Can adjust the speed of vibration, total of 10 speed options

Intelligent mode (4 intelligent modes for selection)

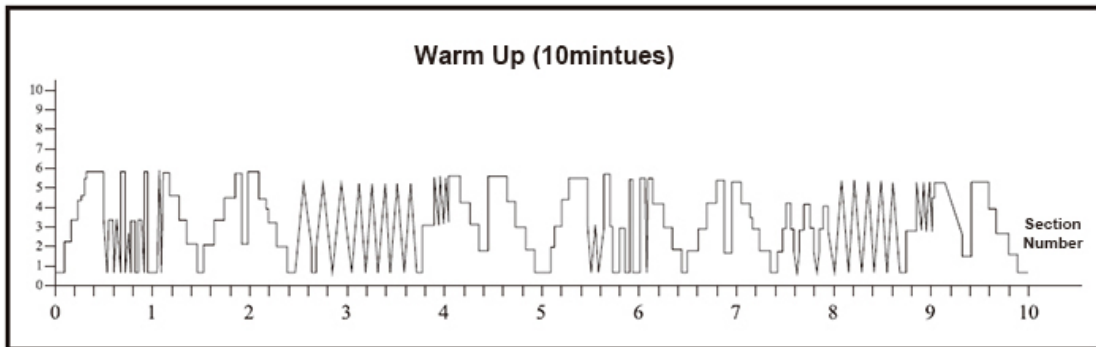
Intelligent model

1. Press the switch on the control panel or on the remote control device to start
2.
 - 1) press on the intelligent mode switch on the remote control device to select 1-4 intelligent mode
intelligent mode 1-- warm up
Intelligent mode 2-- comfortable
Intelligent mode 3-- element
Intelligent mode 4-- experience
 - 2) If do not use the remote control, use the switch on the control panel also can select the intelligent mode
 - 3) The control panel correspond intelligence mode indicator will be lighted up, these intelligent mode with different vibration strength, and the vibration strength of element intelligent mode will be the weakest
4. It will close automatically after using 10 minutes.

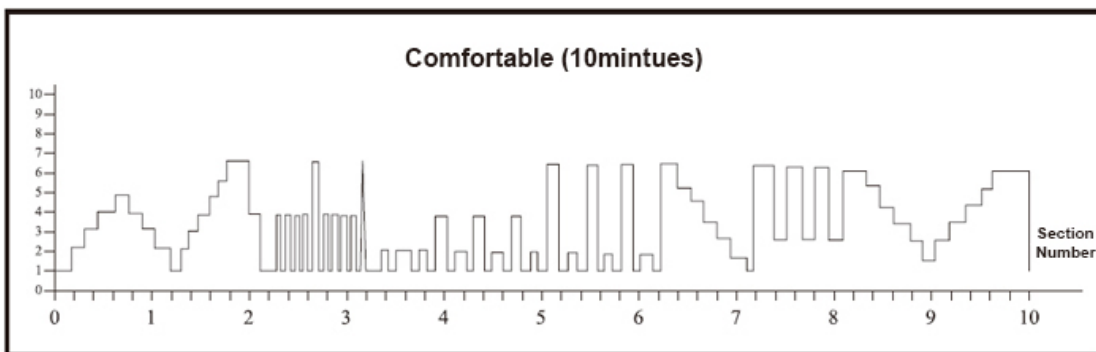
Manual mode

1. Press the manual mode button on the remote to select the manual mode.
 2. Press the speed button on the remote control to select different vibration speed.
 3. Press the time button on the remote control to select different time lengths.
- In order to make you identify the selection function easily, please refer to the indicator beside button.

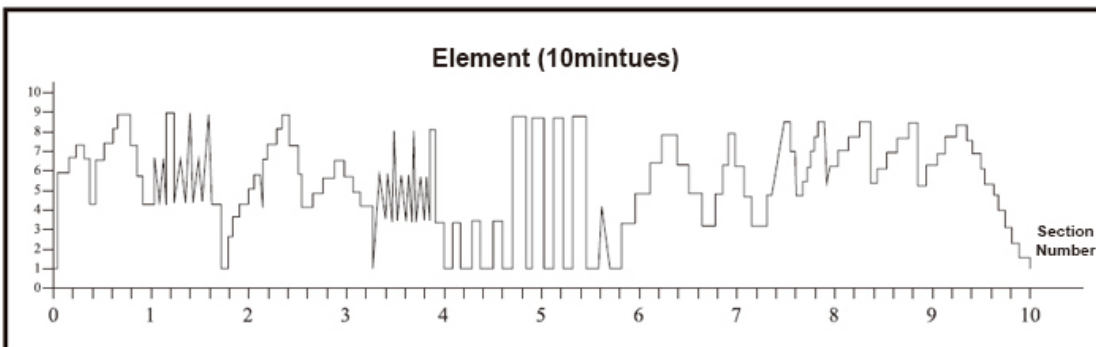
Operating and Function Explanation



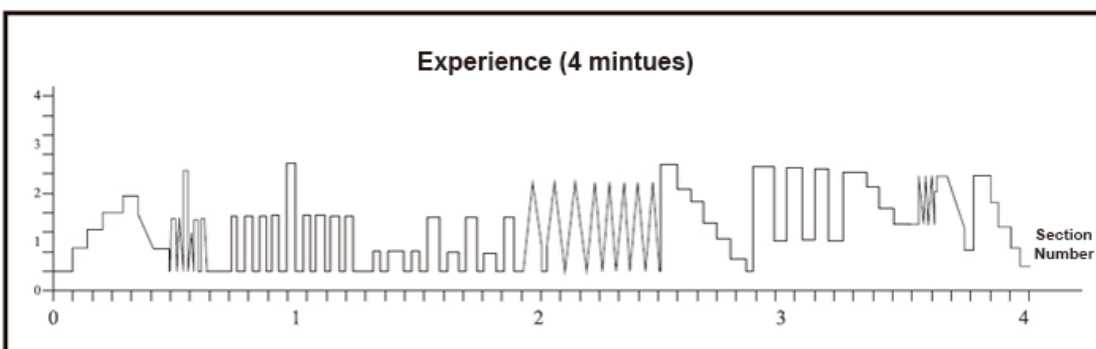
Intelligent Mode: Comfortable



Intelligent Mode: Element



Intelligent Mode: Experience



Usage:



1. The legs should be separated from each other, and the shoulders should be wide and erect, which can strengthen the vibration of the key areas such as the waist and buttocks.
2. The knee is bent on the product, and can make effective vibration on the large legs.
3. Sit on a chair or sofa and place your feet on both sides of the product, while simultaneously aiming at both thighs and calves.
4. On the carpet, the lower leg is placed on the product, the body slightly backward, the hands support, can be aimed at the calf vibration massage.
5. Two arms are separated, hands are placed on the product, knees on the carpet, leaning forward, can be used for massage on the shoulder.

Specifications

Product name:	Vibration Platform Machine
Production type:	CM-F1
Rated voltage:	AC220-240V, 50Hz/60Hz
Power consumption:	90W
Rated work time:	10-20minutes

Product size:	77.5*43*14cm
Net weight:	17KG
Gross weight:	20KG
Outer pack size:	87*52.6*17.5cm
Qty /case :	1 piece

Product maintenance

- . If your product has been in a low-temperature environment for a long time due to transportation, removal or other reasons, please stay at room temperature for 1 hour and start to use.
- . If you want to place the product in a special environment, such as areas that are vulnerable to salt and sulphur, please inform the installation staff of the protection measures in advance, otherwise the body will be damaged.
- . When cleaning the product, please remove the plug from the socket.
- . Do not wipe the machine with benzene, dilution liquid or any erosive solvent.
- . Please wipe the machine with dry cloth. Do not use wet cloth.
- . Do not use this product in direct sunlight, or near the source of fire and high temperature.
- . If you will not use this product for a while, it is recommended to remove the power cord and put the products in a clean and dry space.
- . Do not eat on the plastic body, in case of injury to this product.
- . Storage environment as: c and a 55 °C, 10 °C, humidity for RH 0 85%

Troubleshooting

The problem happened when using, solve them according to the following methods. If it is still in trouble, please send to the after sell centre or Authorized maintenance personnel to maintain.

Anomalies	Possible Cause	Approach
Does not work	<ol style="list-style-type: none"> 1. No power 2. Power switch is turn off 	<ol style="list-style-type: none"> 1. Set up an electric circuit 2. Turn on power switch
Stop working	<ol style="list-style-type: none"> 1. Power outage 2. Massage time is over 15Mins 3. Keep working too long. The massager is overheating. 4. Excessive force. 	<ol style="list-style-type: none"> 1. Check electric circuit 2. Turn on/off power again 3. Turn on/off the massager after cool. 4. Excessive force, massager rollers cannot afford.

Maintenance

A. Store

1. When not in use, the product into the box and placed in a safe, cool, ventilated and dry place.
2. Do not twist the power and wires.
3. Do not use a switching power supply and wire suspension products
4. Avoid pointed object scratched the surface.
5. Do not place in direct sunlight or high humidity place.

B. Cleaning

1. Turn off and unplug the power cord before cleaning,
2. Using clean and dry cloth
3. Do not use a switching power supply and wire suspension products

Note:

Do not use corrosive cleaners, benzene or thinner.

C. Maintenance

1. Keep message cleaning and keep away from high humidity.
2. If it is not used for a long time, use a dust cover to prevent dust from entering.

About us

Care Massager Technologies Co., Ltd. is about creating a healthy home environment that helps you relax your body, de-stress, and simplify your life. CAREMASSAGER is widely recognized for its home massage products, and continues to be a leading innovator in massage technology today. In a modern world of fast living filled with stress, CAREMASSAGER is committed to developing the best massage and relaxation products to deliver well-being and value to customers around the world.



CAREMASSAGER's full line of in-home wellness products are including: [Neck Massagers](#), [Back Massagers](#), [Foot Massagers](#), [Vibration Platform Machines](#), and more.

For more information on products, please visit our official website:
<http://www.caremassager.com/>